



6th Asian Indoor and Martial Arts Games
Bangkok - Chonburi
2021

TECHNICAL HANDBOOK

Indoor Athletics กรีฑาในร่ม



6th Asian Indoor and Martial Arts Games
Bangkok - Chonburi
2021

Indoor Athletics

Technical Information

I. Sports Federations

A. World Athletics (WA)

President	Sebastian Coe
CEO	Jon Ridgeon
Address:	6-8, Quai Antoine 1er, BP 359, MC 98007 Monaco Cedex
Tel:	+377 93 10 88 88
Fax:	+377 93 15 95 15
Email:	www.worldathletics.org/about-iaaf/contact-us
Website:	www.worldathletics.org

B. Asian Athletics Association (AAA)

President	Gen. Dahlan J. Al-Hamad
Secretary General	A Shuggumarran
Address:	Room No134 Thammasat University Sports Complex Chiangrak Road, Klongluang Pathum Thani 12121 Thailand
Tel:	+66 2 026 6321
Email:	sec@asianathleticsassociation.org
Website:	www.athleticsasia.org

C. Athletics Association of Thailand under the Royal Patronage of His Majesty the King (ATT)

President	Pol. Gen. Sant Sarutanond
Vice President and Secretary General	Pol. Maj. Gen. Surapong Ariyamongkol
Address:	Room No. A05-A06 Thammasat University Sport Complex, Chiangrak Rd. Klongluang, Pathum-Thani 12121
Tel:	+662 564 3322-5
Fax:	+662) 564 3344, +662 564 3355, +662 564-3555
Email:	aat@aat.or.th
Website:	www.aat.or.th

II. Technical Delegate

Mr.Kwan Kee (HKG)
Mr.S. Chinaamy (MAS)

III. Competition Technical Information

1. Dates

The Indoor Athletics (IAT) competition for the 6th Asian Indoor and Martial Arts Games 2021 will be held from 9 to 13 March 2022.

2. Venues

The Indoor Athletics competition will be held in **Chonburi, Thailand** at **Eastern National Sports Training Center Pattaya Chonburi (Indoor Athletics Stadium)**.

3. Events

The Indoor Athletics competition will consist of **twenty seven (27) events** including thirteen (13) events for men and thirteen (13) events for women.

Men (13)	Women (13)	Mixed
60m	60m	4x400 Relay
400m	400m	
800m	800m	
1500m	1500m	
3000m	3000m	
60m Hurdles	60m Hurdles	
4x400 Relay	4x400 Relay	
High Jump	High Jump	
Pole Vault	Pole Vault	
Long Jump	Long Jump	
Triple Jump	Triple Jump	
Shot pot	Shot pot	
Heptathlon	Pentathlon	

4. Competition Schedules

Date	Day	Time	Events
3 March 2022	Thursday	TBA	Athlete Training Commences
		TBA	TIC at the venue becomes operational
		TBA	Arrival of international and National Technical Officials
4 March 2022	Friday	TBA	Arrival of Technical Delegates (TDs)
5 March 2022	Saturday	TBA	Start team training, Photo finish team training, Data operators training, EDM training, Competition rehearsal
6 March 2022	Sunday	TBA	ITOs and NTOs meeting
		TBA	Starting practice with athletes
9 March 2022	Wednesday	TBA	Technical Meeting and Venue Orientation for athletes and team representation
10 March 2022	Thursday	TBA	Opening Ceremony and Team Manager Meeting
11 March 2022	Friday	TBA	Competition Commence
12 March 2022	Saturday	TBA	Competition Commence
13 March 2022	Sunday	TBA	Competition Concludes
14 March 2022	Monday	TBA	Departure of TOs – International and National

Competition Events

Date	Event No.	Time	Event	Group	Round
Wednesday, 11 March 2022	101	09.30	Shot pot.	Men	Final
	102	09.45	400 m.	Men	Heat
	103	10.00	400 m.	Women	Heat
	104	10.15	Triple Jump	Men	Final
	105	10.30	60 m.	Women	Heat
	106	11.00	60 m.	Men	Heat
	107	11.20	60 m. Hurdles	Women	PEN 1
	108	11.35	1,500 m.	Women	Heat
	109	11.50	1,500 m.	Men	Heat
	*****Afternoon Session*****				
	110	15.00	Long Jump	Women	Final

	111	15.10	High Jump	Women	PEN 2
	112	15.20	60 m.	Women	Semi-Final
	113	15.35	60 m.	Men	Semi-Final
	114	15.55	400 m.	Men	Final
	115	16.10	400 m.	Women	Final
	116	16.25	800 m.	Women	Heat
	117	16.40	800 m.	Men	Heat
	118	16.45	Shot Put	Women	PEN 3
	119	17.00	60 m.	Women	Final
	120	17.10	60 m.	Men	Final

Date	Event No.	Time	Event	Group	Round
Thursday, 12 March 2022	201	09.30	Shot put	Men	Final
	202	09.45	60 m.	Men	HEP 1
	203	10.00	4x4 m. Mixed Relay	Men/Women	Heat
	204	10.20	3,000 m.	Women	Final
	205	10.45	Long Jump.	Men	HEP 2
	*****Afternoon Session*****				
	206	15.30	Shot Put	Men	HEP 3
	207	15.30	Long jump	Women	PEN 4
	208	15.45	High Jump	Men	Final
	209	16.00	Pole Vault	Men	Final
	210	16.10	3,000 m.	Men	Final
	211	16.30	800 m.	Women	Final
	212	16.40	800 m.	Men	Final
	213	16.40	High Jump	Men	HEP 4
	214	16.50	800 m.	Women	PEN 5
	215	17.20	4x400 m. Mixed Relay	Men/Women	Final

Date	Event No.	Time	Event	Group	Round
Friday, 13 March 2022	301	09.30	60 m. Hurdles	Men	HEP 5
	302	09.30	Triple Jump	Women	Final
	303	09.45	4x400 m. Relay	Women	Heat
	304	10.15	Pole Vault	Men	HEP 6
	305	10.15	4x400 m. Relay	Men	Heat
	306	11.05	60 m. Hurdles	Men	Heat
	307	11.25	60 m. Hurdles	Women	Heat
	*****Afternoon Session*****				
	308	15.00	Long Jump	Men	Final
	309	15.00	Pole Vault	Men	Final
	310	15.00	1,500 m.	Women	Final
	311	15.20	1,500 m.	Men	Final
	312	15.50	60 m. Hurdles	Women	Final
	313	16.20	60 m. Hurdles	Men	Final
	314	16.50	1,000 m.	Men	HEP 7
	315	17.20	4x400 m. Relay	Women	Final
	316	17.40	4x400 m. Relay	Men	Final

* NOTE: This competition schedule is subject to change depending on the number of final entries.

5. Entries

5.1 Eligibility

5.1.1 Only OCA and ONOC member NOCs are entitled to send athletes to participate in the Indoor Athletics competition at the 6th Asian Indoor and Martial Arts Games.

5.1.2 Only athletes who comply with the OCA Constitution and Rules and its by-laws are entitled to participate in the Indoor Athletics competition.

5.2 Entry Policies

Individual Events: Each NOC may enter maximum two (2) athletes in each event.

Relay Events: Each NOC may enter only one (1) team in each relay event. A team should consist of a maximum of six (6) athletes. Any four athletes among those entered for the competition, for any event, may then be used in the composition of the team for the relay. However, once a relay team has started in a competition, up to a total of four additional athletes may be used as substitutes.

Team Size: No more than twenty-six (26) Men and twenty-six (26) Women athletes per NOC in total can be entered. NOCs that withdraw their athletes or teams after the

submission of the final Entries by Name and Team Sport Draw will be faced disciplinary action by the OCA EB.

Age requirements: Only athletes aged at least sixteen (16) years on 31 December of the year of the competition may participate in the AIMAG2021. Only athletes aged at least eighteen (18) years on 31 December of the year of the competition may participate in the Shot Put.

5.3 Submission of Entries

5.3.1 Entry by Number

- Deadline for submission of Entry by Number Forms is **10 November 2021** at 24.00 hours Thailand time (GMT+7).

5.3.2 Entry by Name

- Deadline for submission of Entry by Name Forms (online) is **15 December 2021** at 24.00 hours Thailand Time (GMT+7).

Both Entry by Number and Entry by Name may be sent via fax or email and subsequently confirmed with stamped original by posting to the following address:

Sports Technical Committee

6th Asian Indoor and Martial Arts Games, Bangkok-Chonburi 2021

AIMAG Coordination Center, 4th floor, Sports Authority of Thailand

286 Ramkhamhaeng Road, Huamark, Bangkok, Bangkok 10240 THAILAND

Email: sportstechnical@aimag2021.com

Tel: (+66)8 1842 1868, (+66)8 9741 7433

Fax: (+66)2 186 7537

6. Technical Meeting

The Technical Meeting will be held on **9 March 2022** from 12.00 to 13.30 at **Eastern National Sports Training Center** Pattaya, Chonburi, Thailand.

7. General Rules and Regulations

7.1 Rules

7.1.1 Eligibility Code (OCA 52)

To be eligible for participation in the OCA Games, a competitor must:

- Observe and abide by the Rules of the IOC/OCA as per the Olympic Charter;
- Respect the spirit of fair play and non-violence and abide by the rules on the sports field;
- Comply with all aspects of WADA and OCA Anti-Doping Rules Code and refrain from using substances and drugs prohibited by the said organizations;
- The Member must ensure that any competitor in the OCA Games must be a national of the country of the NOC, which is entering him;
- Disputes relating to the determination of the country which a competitor may represent in the OCA Games shall be resolved by the EB, unless the eligibility code already set out in the Constitution has been fulfilled and is not in dispute.

7.1.2 Nationality of Competitor (OCA By-Law 52)

- a) All cases of infringement of IOC Rule 41, 42 and its Bye-laws and of the eligibility code of IFs shall be communicated by the concerned Member to the OCA, to be considered by the EB whose decision will be final;
- b) A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental regional or world championships recognised by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality;
- c) A competitor who has represented one country in the Olympic Games, OCA Games, continental, regional, and world championships recognised by the relevant IF, and who has changed his nationality or acquired a new nationality, shall not participate in the OCA Games to represent his new country until three years after such change or acquisition;
- d) If a State, Country or a colony acquires independence, a country becomes incorporated within another country by a change of border or transfer of sovereignty or if a new NOC is recognised by the OCA, a competitor may continue to represent the country to which he belongs or belonged. However, he may, if preferred, choose to represent his country or be entered in the OCA Games by his new NOC if one exists. This option can only be made once and is irreversible;
- e) In all cases not expressly addressed in these Bye-Laws, in particular those cases where a competitor would be in a position to represent a country other than that of which he is a national, or to have choice as to the country which he intends to represent, the EB makes all decisions. Decisions can be of a general in the OCA Games or individual nature and issue specific requirements relating to nationality, citizenship, domicile or residence of the competitors, including the duration of any waiting period;
- f) Except as permitted by the EB, no competitor, coach or official who participates in the OCA Games may allow his person, name and picture or sports performances to be used for advertising purposes during the OCA Games.

7.1.3 Number of Entries (OCA 58)

- a) For a sport to be included in the OCA Games Programme a minimum of six (6) NOCs should enter their athletes by number and a minimum of four (4) should be physically present before the start of the competition;
- b) The maximum number of entries from each country in each sport or event is established by the Council in consultation with the Member hosting the Games and in accordance with the International/Asian Federation's technical rules;
- c) However, the following numbers cannot be exceeded:
 - For individual events, two competitors from each Member;

- For team events, one team per Member, the Number of competitors and reserves not to exceed the number allowed by the International/Asian Sports Federation concerned;
- For events where individual and team competitions are conducted simultaneously, and the team event is decided by the aggregate score/time of each individual member of the team, the athlete (if maximum two) participating in the individual event must be designated as such in the Entry form and only the athlete concerned will be competing in the individual event. This restriction overrides any regulations of the International/Asian Sports Federation concerned.

7.1.4 International Sport Federation

World Athletics (WA): www.worldathletics.org

7.1.5 Technical Official and Jury of Appeal (OCA 59)

The AIMAGOC must not receive or otherwise give official recognition to any foreign political delegation or leaders of any other mission whatsoever, without the prior written approval of the OCA. However, nobody can be discriminated against if he or she is a duly appointed official of the NOC's sports delegation.

7.1.6 Court of Appeal (OCA 79)

- a) The OCA EB on behalf of the OCA is the final Court of Appeal, which will decide all disputes of a non-technical nature concerning the OCA Games. Teams/Member NOC's, if necessary, may submit disputes to the Court of Appeal. In addition, the Court of Appeal may intervene in all disputes of a nontechnical nature outside the jurisdiction of the Juries of Appeal set up for each sport in the Programme;
- b) The Court of Arbitration for Sport (CAS) in association with the OCA will set up a small Ad Hoc working group from CAS that will be present and working alongside the OCA in the AIMAG period only, on the same lines as done during the Olympic Games. The participating athletes can address any issues that they may have directly with CAS, during the OCA GAMES.

7.1.7 Claims of Protest (OCA 80)

- a) Claims made to the Judges on grounds concerning matters of fact are decided by them without appeal;
- b) Appeals against other decisions of the Judges or with regard to any other matters must be addressed to the President of the Technical Jury of Appeal for the sport concerned by a representative of the team making the appeal;
- c) Exceptional circumstances apart, a claim must be made within two hours of the decision giving rise to it. The Jury, after an investigation, shall give a decision and this decision shall be irrevocable, except in the case of disqualification of a team or of a competitor for infraction of the Rules and Regulations of the OCA. In these cases, it shall be decided by the Court of Appeal;
- d) All claims and appeals must be made in writing.

7.1.8 Penalties in Case of Fraud (OCA 81)

A competitor proved to have transgressed by fraud the Rules of the OCA shall be disqualified and lose any position he or she may have gained. If this competitor's team is proved to have been party to the fraud, his/her team shall be disqualified in the sport involved.

8. Competition Rules and Regulations

8.1 Competition Rules

The competition rules applicable for the conduct of the Indoor Athletics competition for the 6th Asian Indoor and Martial Arts Games, Pattaya 2021, will be those promulgated by the International Association of Athletics Federations (World Athletics) in its publication Competition Rules 2020-2021, in force as from 1st November 2020.

In case of any disagreement in the language interpretation of the rules and regulation, the English version shall prevail. Any unforeseen case not covered by the rules and regulations shall be handled as follows:

- General Issues: Resolved in accordance with OCA Constitution and Rules
- Technical Issues: Resolved in accordance with the World Athletics Rules and Regulations

8.2 Protest

Protests and appeals will be processed in accordance with World Athletics. In the first instance, protests must be made orally to the Referee by the athlete themselves or by someone acting on their behalf or by an official representative of a team (Rule 146.3). Such a person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates.

Where the appropriate Referee is not accessible or available, the protest should be made to them through the Technical Information Centre (TIC). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

If the final decision of Referee is not satisfactory a written appeal can be submitted to the Jury of Appeal also through the TIC.

Any written appeal to the Jury of Appeal must be made in accordance with Rule 146.5 and signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal, it shall be accompanied by a deposit of USD 100, or its equivalent, which will be forfeited if the appeal is not allowed. The Jury's decision will be provided in writing.

Any athlete/NOC can appeal to CAS in case he/she feels that there is violation of IF/AF Technical Rules or OCA Constitution which is not related to reversing the decision of the referee or result.

8.3 Uniforms

All athletes must compete wearing the official national uniform approved by their delegation. Athletes not wearing their official team uniform will be required to acquire the correct attire before they progress through the Call Room.

Any advertising on clothes and bags must comply with the latest World Athletics Advertising Rules and Regulations which can be found on the World Athletics website.

The uniforms will be checked upon arrival in the TIC and at the Athletics Desk in the Athletes Village (TBC). Any infringement of the rules may result in the disqualification of the athlete.

The clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and the International Association of Athletics Federations (IAAF) in force.

Neither athletes nor Technical Officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and AIMAG EC.

8.4 Official Equipment

Equipment used in competition must comply with the rules and regulations of the OCA and the International Association of Athletics Federations (IAAF) in force.

The Field of Play (FOP) consists of the following facilities:

- 200m oval track with 6 lanes
- 60m straight with 8 lanes
- 1 High Jump pit
- 1 Pole Vault pit
- 1 Long / Triple Jump pit
- 1 Shot Put sector

8.5 Prizes and Commendations (OCA66)

8.5.1 Medals to the winners of the OCA Games shall be presented by the OCA President.

The President may delegate this privilege to other members of the OCA, accompanied by the President of the IF and/or AF concerned (or their deputy), if possible, immediately after the event and where the competition took place in the following manner;

8.5.2 The competitors who have been judged first, second and third shall take their places, in their sports uniforms, on a stand on the field facing the Tribune of Honour, with the winner slightly above the second who is on their right and the third who is on their left. The flag of the delegates of the winner shall be hoisted on the central flag-pole and those of the second and third on adjoining flagpoles on the right and on the left, as they face the arena. Meanwhile, the abbreviated National Anthem of the winner is played. The three competitors shall turn towards the flags;

8.5.3 The medal presentations shall be as per the following order:

- Gold Medal – to the first place winner
- Silver Medal – to the second place winner

- Bronze Medal – to the third place winner

- 8.5.4 No equipment or accessories may be taken by the athlete to the medal award ceremony or media interview areas, unless it is worn e.g. shoes and clothing which must be in accordance with the OCA commercial guidelines;
- 8.5.5 No kind of demonstration or commercial, political, religious or racial propaganda is permitted during the Victory Ceremony of the Games. Any action of such kind will be subject to penalization by the Executive Board (EB) including disqualification, withdrawal of medals, certificates, accreditation, rankings and the like;
- 8.5.6 Any disrespect shown to the Games, Medals, Flags, Mascot or Certificates or any other material. by any athlete during the Victory Ceremony or during the Games will be subject to penalization by the EB, including but not limited to disqualification, withdrawal of medals, certificates, accreditation, rankings as decided by the EB;
- 8.5.7 Victory, medals and diploma certificates, shall be in strict compliance with the OCA Protocol Guidelines. The design and format of the medals and diplomas shall be submitted to the OCA for its approval;
- 8.5.8 No other official/delegate from the participating delegations, other than the medal winners will be allowed on or near the podium during the medal presentation.

8.6 Victory Ceremonies

Gold, silver, and bronze medals will be awarded to the athletes/teams ranked top three of each event, respectively. Medalists must wear their NOC official uniforms.

All Athletics medal ceremonies at AIMAG 2021 will take place, where possible, shortly after each event but not earlier than 30 minutes from the posting of the official results for said event. Medal ceremonies will take place in the following manner:

The medal ceremony shall be announced. When their names are called, the competitors who have won first, second and third place shall take their place on a special podium. The winner will be slightly above the second, who shall be on their right, and the third, who shall be on their left. After the presentation of medals, the approved anthem of the winner's nation/territory shall be played, and the competitors and the spectators will turn towards the flagpoles. During the playing of the anthem, the flag of the winner's nation/territory shall be hoisted on the center flagpole, as will those of the second and third place competitors, on adjoining flagpoles, on the right and left as they face the arena.

Athletes who take part in a medal ceremony must adhere to the regulations governing both dress and conduct. All athletes participating in medal ceremonies must wear their official team tracksuit, appropriate footwear, and must not wear headwear or sunglasses. Please note that headwear for religious purposes will be permitted by exception.

It is the responsibility of each athlete/ coach to ensure that the athlete has their full tracksuit with them and that it is ready to wear at the venue in time for the start of the medal ceremony. Failure to adhere to this rule may result in the delay or postponement of the medal ceremony and will be noted as a breach of regulations.

8.7 Medical Code (OCA By-Law 24.7)

- 8.7.1 Doping is forbidden. The WADA (World Anti-Doping Agency) / IOC (International Olympic Committee) list shall apply and also, if the EB so decides, the list of the IF concerned. The Medical Committee shall also prepare a list of prohibited drugs;
- 8.7.2 All OCA Games participants/competitors are liable to medical/doping control examinations which will be carried out in conformity with the Rules of the OCA Medical Committee and the OCA Anti-Doping Rules;
- 8.7.3 Any OCA Games participant/competitor refusing to submit a medical/Doping control examination, or who is found guilty of doping, shall be excluded from competition or from the present or future OCA Games. After the explanation of the team has been considered and the case discussed with the IF concerned, a team in which one or more members have been found guilty of doping may be excluded from the OCA Games in which it is participating. In sports where a team may no longer compete after a member has been excluded, the remaining competitors may compete in an individual capacity. An appropriate penalty including disqualification, withdrawal of medals, certificates, ranking and, accreditation, may be imposed by the EB on support personnel, referees, coaches, judges, managers and other officials associated with the team or any other person, other than the competitor, found involved in the doping offence;
- 8.7.4 A medal may be withdrawn or other penalties applied by order of the EB on a proposal of the OCA Medical Committee;
- 8.7.5 The above Regulations shall in no way affect further sanction by the IF and the NOC concerned, or any other action the EB may decide to take;
- 8.7.6 Competitors in sports restricted to women must comply with the prescribed gender test;
- 8.7.7 The Committee is responsible to ensure that these Rules are observed;
- 8.7.8 Members of this Committee may not act as team doctors;
- 8.7.9 The OCA Anti-Doping Rules will be followed for all OCA Games being held under the patronage of the OCA. These rules will be based on the WADA code and guidelines. All Member NOCs of OCA, the IFs, AFs and the AIMAGOC will abide by the OCA Anti-Doping Rules;
- 8.7.10 The OCA President shall also appoint an Anti-Doping Commission and a TUE Sub-Commission which will be responsible for the implementation of the Anti-Doping Rules during the course of the OCA Games. The Commission will work under the authority of the OCA Medical Committee Chairperson and will perform its duties and responsibilities in accordance with the directions from the EB;
- 8.7.11 The OCA President will also establish a Doping Control Department within the Structure of OCA. The Doping Control Department will be responsible for implementing the Anti-Doping programme which has been established by the EB and coordinate on a daily basis on the Anti-Doping programme with all the concerned agencies;
- 8.7.12 In addition to above all provisions of the OCA Anti-Doping Rules established by the OCA will be applicable.

8.8 Doping Control

AIMAGOC will include a full Anti-Doping program. The Anti-Doping program will be run in accordance with the WADA International Standard for Testing and Investigation and following the Olympic Council of Asia Anti-Doping Rules. The program will include pre-competition and in-competition urine and blood testing. Athletes who wish to use a Prohibited Substance or a Prohibited Method in connection with the event and do not already have a Therapeutic Use Exemption (TUE) should apply to OCA TUE Committee (OCA TUEC) by **TBC**. Where the athlete already has a TUE granted by his or her National Anti-Doping Organization or International Federation, he/she should apply to the OCA TUEC for recognition of that TUE.

9. Approval of the Technical Handbook

This Technical Handbook was approved by **Asian Athletics Association (AAA)**.



Entry by Number



PLEASE TYPE OR PRINT

National Olympic Committee

NOC Code

Individual Events: Each NOC may enter maximum two (2) athletes in each event.

Relay Events: Each NOC may enter only one (1) team in each relay event. A team should consist of a maximum of six (6) athletes. Any four athletes among those entered for the competition, for any event, may then be used in the composition of the team for the relay. However, once a relay team has started in a competition, up to a total of four additional athletes may be used as substitutes.

Team Size: No more than twenty-six (26) men and twenty-six (26) women athletes per NOC in total can be entered. NOCs that withdraw their athletes or teams after the submission of the final Entries by Name and Team Sport Draw will be faced disciplinary action by the OCA EB.

NOC Signature & Stamp

Date _____

NF Signature & Stamp

Date